



VARSITY CHEERLEADING INFORMATION



HEAD COACH: AMY LANGELER

Coach Amy cheered from 3rd grade all the way through Varsity. She was captain of her varsity cheerleading squad and a 2-year UCA All-Star Cheerleader. She was also awarded the Most School Spirit senior superlative.
616.334.5643 cell | amy@differentisgood.com

ASST. COACH: CHRISTIE EERDMANS

Coach Christie cheered for nearly a decade. She was a Junior Varsity, Varsity, and Grand Valley State University Cheerleader.
616.890.2998 cell | christianne72275@yahoo.com

OUR PURPOSE

The purpose of our varsity cheerleading squad is to provide school spirit not only from the sidelines but also within our school community and to motivate our community to attend all sporting events.

COST

The Athletic Department & Boosters Club will cover more than half the cost. If your daughter wants her name on the back of the warm-up jacket, then you would be responsible for paying for the jacket and her name. Each cheerleader is required to purchase her own shoes (these are specific). There is a fundraiser the cheerleaders will do to help raise money for the Cheer Banquet.

PARENTS PAY FOR:

Shoes (\$46.00)
Cheer Pics (\$10.00)

TOTAL: \$56.00

**Returning cheerleaders only pay \$10.00 for cheer pics.*

***There are some cheer shoes that have been donated back to the program if you'd like to see if we have your size.*

****Please make checks payable to TCS Boosters and put "Cheer" in the memo.*

BOOSTERS PAYS FOR:

Uniform top & skirt (\$77.00)
Poms (\$18.00/pair)
Rain poncho (\$8.00)
Warm-up jacket (\$41.00)
Warm-up pants (\$27.00)
Binder (\$9.50)
School cheer uniform (\$38.00)
Cheer bag (\$12.50)
Bow (\$20.00)
Tights (\$7.50)

TOTAL \$258.50

SPORTS PHYSICALS

Because the girls will be cheering at MHSAA games, the school will need their current sports physical on file by July 17, 2023. Once it is filled out and signed, please return to the school athletic office to attention Tracie Kumko or Evan Przybysz.

SUMMER PRACTICE SCHEDULE

Start Date: July 17, Monday

End Date: August 9, Wednesday

Days: Mondays & Wednesdays

Time: 2:00-3:00pm

Location: TCS HS Gym

There will be a total of eight summer practices. The girls will learn all the chants/cheers during the first six practices. They will learn the two fight song dances the remaining two practices. VB cheerleaders are excused from practice on July 26.

CHEER BONDING SHOPPING TRIP

Date: August 14-15 (We will be back to TCS by 4:30pm)

Location: Chicago Fashion Outlets, Rosemont, IL

Cost: \$200 plus any shopping money (cost covers hotel, food, fuel, and bowling). We will stay at the Aloft Hotel walking distance from the outlets.

CHEER PICTURES

Date: August 18

Time: 7:30pm

Location: Spring Grove Park

SCHOOL YEAR PRACTICE SCHEDULE

Start Date: August 23 (Wed)

Days: Mondays (chants & fight song) & Wednesdays (stunts)

Time: 5:30-6:30pm

Location: TCS HS Gym

**Seniors no practice on October 2 (HS Retreat).*

***No practice on August 21 (FDOS) or September 4 (Labor Day).*

FAQs

Will this conflict with other sports my daughter plays?

Possibly, however we are making every effort to make sure there is no conflict.

Do we have to pay the "pay-to-play" \$100 fee? No. Coaches Amy and Christie have opted not to be paid for coaching so that parents don't have to pay this extra fee.

Does my daughter need to turn in a sports physical to be a cheerleader?

Yes. A form is available for download on the cheer website. Have your doctor fill it out, then turn the form into the Athletic Office by July 17, 2023.

What games will my daughter be cheering at?

All varsity football home and away games.

How will my daughter get to the away games?

The cheerleaders will ride with either Coach Langelor or Coach Erdmans.

How much am I expected to pay for my daughter to be a cheerleader?

If your daughter is a new cheerleader, she will be responsible for paying \$56.00 which covers cheer pics and shoes. The shoes will be ordered all together from OmniCheer. (We do have donated shoes if you'd like those instead of buying new ones.) If your daughter is a returning cheerleader, then she is only responsible for paying \$10.00 for cheer pics.

COACHES' EXPECTATIONS

It is expected that all varsity cheerleaders are on-time to every practice unless a written excuse is given at least 2 days in advance and is approved by the coach.

It is expected that all varsity cheerleaders attend every home and away football game and to arrive no later than 30 minutes before kickoff.

It is expected that all varsity cheerleaders are to wear their coordinated uniforms to school on game days.

It is expected that all varsity cheerleaders are to bring their cheer bags with bodysuits, tights, and warm-ups to every game.

It is expected that all varsity cheerleaders keep school drama out of the squad, practices, and games.

It is expected that all varsity cheerleaders wear the appropriate practice attire and bring their binders to practice.

**A commitment form is required to be signed before you start your cheer season.*

PRACTICE EXPECTATIONS

You must wear fitted shorts, tank tops, and cheer shoes. Your hair must be pulled back in a braid or ponytail. You must also bring your binders.

GAME SCHEDULE

As it currently stands, we will be cheering at six games, four of them will be at our home field and the other two will be at Northpointe HS and Calvin Christian HS.

AUGUST 25, FRIDAY

Away game against Marcellus

**We will not be cheering at this game.*

AUGUST 31, THURSDAY

7:00pm (Be on the sideline by 6:30pm to stretch and warm-up)

Away game against Northpointe HS (.5 hrs drive)

**VB cheerleaders approved to cheer at this game.*

SEPTEMBER 8, FRIDAY

7:00pm (Be on the sideline by 6:30pm to stretch and warm-up)

Home game against Lee HS

**VB cheerleaders approved to cheer at this game.*

SEPTEMBER 15, FRIDAY

7:00pm (Be on the sideline by 6:30pm to stretch and warm-up)

Home game against Twin City HS

**VB cheerleaders will cheer the first two quarters and leave at halftime.*

SEPTEMBER 22, FRIDAY

Away game against Red Arrow HS

**We will not be cheering at this game.*

SEPTEMBER 29, FRIDAY

7:00pm (Be on the sideline by 6:30pm to stretch and warm-up)

Home game against Bloomingdale HS

**VB cheerleaders approved to cheer at this game.*

OCTOBER 6, FRIDAY - SENIOR NIGHT

7:00pm (Be on the sideline by 6:30pm to stretch and warm-up)

Home game against Eau Claire HS

**VB cheerleaders approved to cheer at this game.*

OCTOBER 13, FRIDAY

7:00pm (Be on the sideline by 6:30pm to stretch and warm-up)

Away game against Calvin Christian HS (.25 hrs drive)

**VB cheerleaders approved to cheer at this game.*

OCTOBER 20, FRIDAY

7:00pm (Be on the sideline by 6:30pm to stretch and warm-up)

Open Date - Waiting on Athletic Director

If away, then we will not be cheering at this game.

**VB cheerleaders approved to cheer at this game.*

NOTE: If the Defenders play well and advance into the playoffs, then the season will continue into mid-November.

CHEER BANQUET

Date: November 11

Time: 5:00pm

Location: Railside Golf Club, 2500 76th St SW, Byron Center